



NAHNU ANSARULLAH

“Do not consider this gathering like other ordinary human gatherings. This is an affair which is purely aided by the True God and is founded upon the exaltation of the word of Islam. The foundational stone of this community has been laid by God Almighty Himself with His own hands, and He has prepared nations for it who will soon come and join it, because this is the act of that All-Powerful Being for Whom nothing is impossible.”

(Majmoo'ah-e-Ishtiharat/ Translation from Alhakam.org)



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SPECIAL APPEAL FOR PRAYERS

In his Friday Sermon of August 23, 2024, Hazrat Khalifatul-Masih V (may Allah be his Helper) instructed us to recite the following prayers to remain within the fortress of Divine protection, safe from Satanic onslaughts:

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ سُبْحَانَ اللَّهِ الْعَظِيمِ اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

Translation: Holy is Allah with His praise, Holy is Allah the Great, O Allah, bless Muhammad and the people of Muhammad.

(200 Times Daily for age 25+, 100 Times Daily for ages 15-25, 33 Times Daily for children and 3-4 Times Daily for small children)

أَسْتَغْفِرُ اللَّهَ رَبِّي مِنْ كُلِّ ذَنْبٍ وَأَتُوبُ إِلَيْهِ

Translation: I seek forgiveness from Allah, my Lord, for all my sins, and turn to Him.
(100 Times Daily)

رَبِّ كُلِّ شَيْءٍ خَادِمُكَ رَبِّ فَاحْفَظْنِي وَأَنْصُرْنِي وَارْحَمْنِي

Translation: O my Lord, everything is Your servant. O my Lord, so protect me, help me and have mercy upon me!

(100 Times Daily)

His Holiness said that these days when Satan is trying to attack our Community and the world at large, the only way for us to remain safeguarded is through prayers. Hence, we should recite these prayers, not just during the days of Jalsa but throughout the year.

(Friday Sermon of August 23, 2024)

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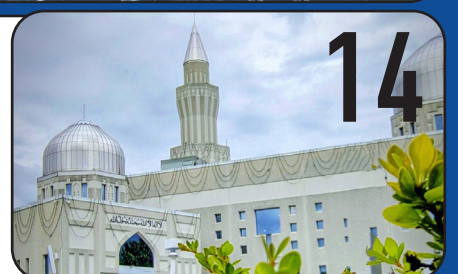
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The Holy Qur'an

وَهُوَ الَّذِي خَلَقَ السَّمُوتِ وَالْأَرْضَ بِالْحَقِّ ۚ وَيَوْمَ يَقُولُ كُنْ فَيَكُونُ ۚ قَوْلُهُ الْحَقُّ ۚ وَلَهُ الْمُلْكُ يَوْمَ يُنفَخُ فِي الصُّورِ ۚ عِلْمُ الْغَيْبِ وَالشَّهَادَةِ ۚ وَهُوَ الْحَكِيمُ الْخَبِيرُ ﴿٤٧﴾

Translation:

And He it is Who created the heavens and the earth in accordance with the requirements of wisdom; and the day He says, 'Be!', it will be. His word is the truth, and His will be the kingdom on the day when the trumpet will be blown. He is the Knower of the unseen and the seen. And He is the Wise, the All-Aware. (6:74)

Short Commentary:

The word **كن** (be) really denotes a simple command intended to bring about a change. When the word is used concerning a thing which does not exist, it naturally signifies the bringing into being something which God has willed. When, however, the word is used concerning a thing which already exists, then it generally means that the thing will come to nought when God so wills. Thus the sentence, He it is Who created... and the day He says, 'Be', it will be, signifies that everything is in the power of God; so when God issues a command concerning the breaking-up of the power of disbelievers, it will surely come to nought.

The expression, His word is the truth, means that the prophecy mentioned above is a true one and must come to pass and nothing can stop it. See the meaning of **قح** under 2:148 & 3:4.

The words, His will be the kingdom on the day when the trumpet will be blown, mean that the visible kingdom of God will be established when Islam triumphs and false and idolatrous beliefs and practices vanish. A Prophet of God is indeed a trumpet, through whom the voice of God is heard, and the sounding of the trumpet is a symbol for the wide publication and establishment of the teachings brought by him. Thus, the verse means that when the teachings of the Holy Prophet are widely published and accepted in the world and when Islam flourishes and triumphs, then the kingdom of God will be visibly established on the earth and on that day will idols be broken to pieces.

(Five Volume Commentary)



Hadith

عَنْ أَبِي هُرَيْرَةَ وَأَبِي سَعِيدٍ رَضِيَ اللَّهُ عَنْهُمَا قَالَا: قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ: «لَا يَفْعُدُ قَوْمٌ يَذْكُرُونَ اللَّهَ إِلَّا حَفَّتْهُمُ الْمَلَائِكَةُ وَغَشِيَتْهُمْ الرَّحْمَةُ وَنَزَلَتْ عَلَيْهِمُ السَّكِينَةُ وَذَكَرَهُمُ اللَّهُ فِيمَنْ عِنْدَهُ». رَوَاهُ مُسْلِمٌ

Translation:

Abu Hurairah and Abu Sa'id Al-Khudri (May Allah be pleased with them) reported: The Messenger of Allah (sa) said, "When a group of people assemble for the remembrance of Allah, the angels surround them (with their wings), (Allah's) mercy envelops them, Sakinah, or tranquillity descends upon them and Allah makes a mention of them before those who are near Him." [Muslim: 6855]

Explanation:

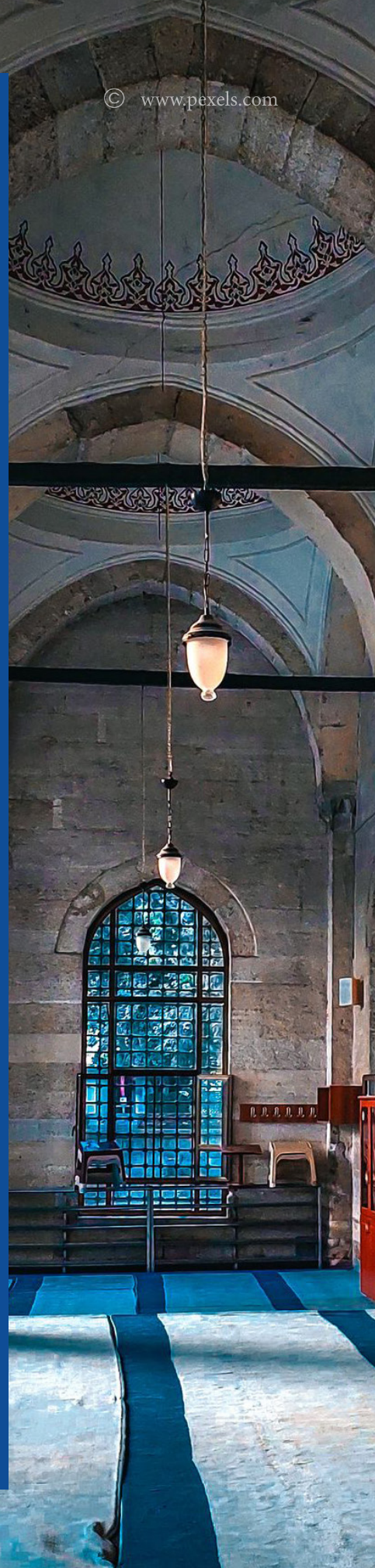
Hazrat Khalifatul Masih V may Allah be his Helper States in his Friday Sermon delivered on July 16th 2004:

“Hazrat Abu Hurairah (ra) states that the Messenger of Allah (sa) said: ‘Whenever a group of people sit together in a mosque, reciting the Book of Allah and teaching and studying it among themselves, tranquility descends upon them, the mercy of Allah covers them, and the angels surround them.’ (Sunan At-Tirmidhi, Kitab al-Qira'at, Bab Ma Ja'a Anna al-Quran Unzila 'Ala Sab'ati Ahruf)

So, these are the righteous gatherings which are gatherings of peace. These can include everyday household gatherings, auxiliary meetings, and Jalsa (conventions). The Ahmadiyya Muslim Community is fortunate that due to being united at one hand, such opportunities continuously become available. Now, Insha-Allah (God-willing), the Jalsa here is also approaching; one should benefit from it fully so that the rain of Allah the Almighty's blessings and mercies may continue to pour down upon us from all sides.

It is stated in another narration that the Messenger of Allah (sa) said: ‘Those people who sit in a gathering and do not remember Allah therein will look upon that gathering of theirs with intense regret on the Day of Resurrection.’ (Musnad Ahmad, Musnad al-Mukthirin min al-Sahabah, Musnad Abi Hurairah)

Therefore, those people who are blessed with such opportunities, who travel and spend money to attend the Jalsa, but instead of benefiting from it, form their own separate circles to indulge in mockery, jokes, and idle gossip before leaving, ought to reflect. They must always keep this Hadith in mind. For this reason, whoever is coming to attend the Jalsa should come with the intention that they will especially keep their tongues moist with the remembrance of Allah during these days.”





So Said the Promised Messiah (as)



The primary purpose of this Convention is to enable every sincere individual to personally experience religious benefits; they may enhance their knowledge

and – due to their being blessed and enabled by Allah, The Exalted – their perception [of Allah] may progress. Among its secondary benefits is that this congregational meeting together will promote mutual introduction among all brothers, and it will strengthen the fraternal ties within this Community...

It is essential for all those who can afford to undertake the journey, that they must come to attend this Convention which embodies many blessed objectives. They should disregard minor inconveniences in the cause of Allah and His prophet (peace be upon him.). Allah yields reward to the sincere persons at every step of their way, and no labour and hardship, undertaken in His way, ever goes to waste. I re-emphasize that you must not rank this convention in the same league as other, ordinary, human assemblies. This is a phenomenon that is based purely on the Divine Help, for propagation of Islam... I conclude with the prayer that everyone who travels for [attending] this Convention that is for the sake of Allah: May Allah, the Exalted, be with him, reward him in abundant measure, have mercy on him, ease up for him his circumstances of hardship and anxiety and eliminate his anguish and grief. May He grant him freedom from every single hardship and lay open for him the ways of [achieving] his cherished goals, and raise him up, on the Day of Judgment, among those of His servants who are the recipients of His blessings and Mercy. May He be their Guardian in their absence until after their journey comes to an end. O Allah! O Sublime One and Bestower of bounties, the Ever Merciful and One Who Resolves all problems, do grant all these prayers, and grant us Victory over our opponents with scintillating signs, because You alone have all the prowess and power. Aameen! Aameen!!”

(Ishtihar, December, 7th 1892, Majmoo‘ah-e-Ishtiharat, Vol. 1, Pp. 340-342 / Translation from Alislam.org)

Ameen of Basheer Ahmad, Sharif Ahmad & Mubarka

ہمیں اس یار سے تقویٰ عطا ہے
نہ یہ ہم سے کہ احسان خدا ہے

We have been granted Taqwa [righteousness] by that Friend; It is not from us; for it is a gift of God.

کرو کوشش اگر صدق و صفا ہے
کہ یہ حاصل ہو جو شرط بقا ہے

Strive hard if you are truthful and sincere; So that you attain righteousness, which is the prerequisite to Liqa [communion with the Beloved].

یہی آئینہ خالق نما ہے
یہی اک جوہر سیف دعا ہے

This is the mirror which reflects the Creator; This alone sharpens the sword of prayer.

ہر اک نیکی کی جڑ ہے اتنا ہے
اگر یہ جڑ رہی سب کچھ رہا ہے

The root of every virtue is the Ittiqa (fear of God); If this root is intact, everything will remain intact.

یہی اک فخر شان اولیاء ہے
بجز تقویٰ زیادت ان میں کیا ہے

This alone is the hallmark of the lofty status of saints; What more do they have, except righteousness?

ڈرو یارو کہ وہ بینا خدا ہے
اگر سوچو، یہی دار الجزاء ہے

Fear Him O friends! He is the All-Seeing God; If you ponder over it, even this world is the place of reward and punishment.

مجھے تقویٰ سے اُس نے یہ چڑا دی
فَسُبْحَانَ الَّذِي أَخْرَجَ الْأَعْدَاءِ

He granted me this reward because of Taqwa. Glory be to Him, Who put my enemies to shame.

عجب گوہر ہے جس کا نام تقویٰ
مبارک وہ ہے جس کا کام تقویٰ

What a wonderful gem is Taqwa! Blessed is he who practices Taqwa.

سنو! حاصل اسلام تقویٰ
خدا کا عشق نے اور جام تقویٰ

Listen! The essence of Islam is Taqwa! Love of God is the wine and Taqwa is the goblet.

مسلمانو! بناؤ نام تقویٰ
کہاں ایمان اگر ہے خام تقویٰ

Muslims! Live Taqwa in full; Where is faith, if one is deficient in Taqwa?

یہ دولت تو نے مجھ کو اے خدا دی
فَسُبْحَانَ الَّذِي أَخْرَجَ الْأَعْدَاءِ

This wealth, O God, You have granted me; Glory be to Him, Who put my enemies to shame

{Selected Poems of the Promised Messiah (as) Durr-e-Sameen Urdu page 32 /
(PRECIOUS PEARLS) Durr-e-Sameen English translation pp. 51-52}



A Renewed Call to Fulfil the Conditions of Bai'at

(Concluding address of Jalsa Salana Qadian 2025)

On 28 December 2025, Hazrat Mirza Masroor Ahmad, Khalifatul Masih V (aa) delivered the concluding address. A brief summary is presented below:

The Promised Messiah (as) said:

“Do not consider this Jalsa to be equivalent to any ordinary worldly gathering. The fact of the matter is that it is founded upon the pure support of truth and the propagation of Islam. The foundation stone of this Jama'at has been laid by Allah the Almighty Himself, and nations have been readied that will soon come to join its fold.” (Majmu'ah-e-Ishtiharat [2019], Vol. 1, p. 361)

Huzoor (aa) said that today, we are witnessing that Jalsa Salana gatherings are being held across the world, and just as the Promised Messiah (as) had foretold, nations are becoming part of these assemblies. The town of Qadian, once unknown to the world, has now become a focal point of global attention. According to the latest information, the current Jalsa includes representation from 37 countries, comprising participants from diverse regions and nations. This reality stands as clear evidence that the support and succour of Allah the Almighty accompany this Jalsa. However, the true benefit of this gathering can only be attained by those who strive to fulfil the pledge they made with the Promised Messiah (as). Only then can we become rightful heirs to the prayers he offered for those who attend the Jalsa. The Jalsa attendees must have listened to many scholarly and thought-provoking speeches during this Jalsa, but these addresses will only yield benefit in their practical lives if they keep their pledge of allegiance firmly in view. Over time, people often forget the basis upon which they entered into Bai'at and lose sight of the true purpose of being an Ahmadi Muslim.

The Promised Messiah (as) was raised for the purpose of bringing back, in a practical and transformative manner, those who had drifted away from the true teachings of Islam, so that they might once again become the kind of Muslims the Holy Prophet Muhammad, peace and blessings of Allah be upon him, sought to cultivate. This was

the very purpose for which Allah the Almighty sent the Holy Prophet (sa) who brought about pure and profound transformations among his Companions (ra), moulding them into the finest and exemplary Muslims. This objective must always remain at the forefront of our minds. The Promised Messiah (as) laid down several conditions in the pledge of Bai'at. Foremost among these conditions is the avoidance of shirk (associating partners with God). Shirk does not merely consist of prostrating before someone; rather, as the Promised Messiah (as) explained, if a person gives precedence to their own actions, schemes, or ego over Allah the Almighty, they are, in effect, setting up an object of worship alongside God. The Promised Messiah (as) stated that those who enter into Bai'at with him must also affirm that they will never speak falsehood, nor will they commit adultery. In the present age, through television and other forms of media, such content frequently comes to the fore which, even if it does not lead to wrongdoing in practice, nevertheless gives rise to immoral and corrupt thoughts. It is therefore essential that we remain vigilant and safeguard ourselves against all such influences.

He further instructed that the five daily prayers should be offered in accordance with the command of Allah and His Messenger (sa), and that one should strive to observe Tahajjud. Moreover, one should invoke blessings upon the Holy Prophet, peace and blessings of Allah be upon him, seek forgiveness for one's sins, repeatedly reflect upon the favours of Allah the Almighty, and express gratitude for them.

The Promised Messiah (as) also stated that one who has entered into a pledge of Bai'at with him must never inflict any form of unjust harm upon the creation of Allah the Almighty in general, and upon Muslims in particular, under the influence of selfish passions – whether through the tongue, the hand, or by any other means.

Furthermore, the Promised Messiah (as) emphasised that in all circumstances – whether in times of hardship or in times of prosperity

– one must remain steadfastly loyal to Allah the Almighty. Although we repeat these commitments every year and reaffirm that we shall act upon the conditions of Bai'at, we nevertheless often fail to keep them firmly present in our minds.

Some devoted members also write that they have displayed the Conditions of Bai'at in their homes. This serves as a constant reminder of what the conditions of Bai'at entail, and by reading them regularly, one is continually encouraged towards self-reformation. In this way, it becomes clear how one is to become a true Ahmadi believer and how one is to fulfil the pledge of Bai'at. In times of trial and difficulty, one must never turn away from Allah the Almighty. Some people write that they have offered many prayers, yet they have not been accepted. This indicates that there is a deficiency in our own efforts as well as in our supplications. There is no refuge for us other than Allah the Almighty before whom we may bow. If we persist steadfastly in this path, Allah the Almighty will surely bestow His grace.

We must also guard ourselves against false customs, immoral practices and the pursuit of base desires, and instead adopt the commandments of the Holy Quran as our guiding code of life. All these matters require serious self-examination. We must ask ourselves whether we are truly acting upon the commands of Allah and His Messenger (sa) in their entirety.

The Promised Messiah (as) stated that whoever has entered into Bai'at with him must abandon arrogance and adopt virtues such as humility, good moral conduct, gentleness and meekness – only then can one become a true Ahmadi. We should keep all these matters before us and continuously assess the extent to which we are acting upon them.

The Promised Messiah (as) further stated that honouring faith and showing compassion for Islam, holding it dearer than one's own life and wealth, is also a requirement for one who has pledged allegiance to him. Moreover, he

instructed that the abilities and blessings granted by Allah the Almighty should be utilised for the benefit of mankind. This includes financial sacrifice as well as other means through which service to humanity can be rendered.

The Promised Messiah (as) further emphasised complete obedience to him – that all these recognised virtues should be practised solely

for the sake of Allah the Almighty – and that one should strive to uphold them until the very end of life.

The Promised Messiah (as) appeared for the sole purpose of removing the dust that had settled upon the face of Islam, purifying it and presenting it afresh in its pristine form. For this mission, a community was to be prepared that would continue this work.

The very purpose of Jalsa Salana Tasaweer is to act upon the teachings articulated by the

Promised Messiah (as) and to assess the extent to which we are implementing them in our lives. He clearly stated that this is a religious gathering, initiated under the special support of Allah the Almighty, so that He may transform us into truly Godly individuals. All those attending the Jalsa, as well as those participating through MTA, have pledged allegiance upon these very principles. And just as the Promised Messiah (as) foretold that nations would join this Jalsa, this prophecy too has been fully realised. Therefore, we must keep these matters constantly before us and make every possible effort to act upon them fully, never allowing ourselves to drift away from them.

The Promised Messiah (as) explained that in order to act upon these teachings and to guide people onto the straight path, it is essential that we cultivate righteousness (Taqwa) within ourselves. On one occasion, he stated that mere

rhetoric is of no avail without practical action. If we wish to discharge the true right of Bai'at, we must adopt (Taqwa). If we do so, we will enter the strong fortress of Allah the Almighty. If we are confronted by nations that view us with hatred and contempt, the only way to withstand such opposition is to purify our inner selves; once we do so, the help of Allah the Almighty will surely be with us. Some people



say that they have offered this prayer and that prayer, seeking worldly matters, yet none of their prayers have been accepted. However, the first question that must be examined is whether we have prayed in order to attain closeness to Allah the Almighty. Thus, it is only through Taqwa that our identity as Ahmadi Muslims can truly benefit us. The Promised Messiah (as) stated that even if one attains the elementary stages of (Taqwa), the grace of Allah the Almighty may still be bestowed. If a person lacks (Taqwa) and yet complains that their prayers had not been accepted, this constitutes a matter of ignorance. Accordingly, the Promised Messiah (as) emphasised that it is incumbent upon every member of his Jama'at to tread the paths of righteousness and to partake of an ever-increasing share of faith. The Promised Messiah (as) advised to adopt (Taqwa) so that we may fulfil all those requirements that are

essential for his Bai'at. Offer the prayers, and offer them with humility and submissiveness.

Huzoor (aa) stated that many people come to him and say that they offer prayers and supplications. While it is true that they do observe the prayers, greater effort and deeper supplication are still required. The Promised Messiah (as) further stated that if one has entered into Bai'at with him, then they must also engage in self-reformation and repentance, and develop a sincere concern for acting upon the commitments they have made with him. In order to attain these qualities, seeking Istighfar is also essential. To rely on supplication and personal schemes while abandoning Allah the Almighty is also a form of folly. The true benefit of Bai'at lies in witnessing a clear and manifest transformation within one's life. Although it is permissible to combine prayers and offer them together, it is not acceptable to claim forgetfulness and fail to offer the prayers altogether. Ahmadis, in particular, must safeguard themselves against such negligence.

On the occasion of Jalsa, attention is undoubtedly given to the observance of the prayers and to the offering of Tahajjud. However, when people return to their homes, this level of attentiveness often diminishes. Thus, when the Promised Messiah (as) drew attention to this matter, his intent was that if the prayers are observed properly and consistently, people will also benefit in their worldly affairs. Allah the Almighty does not concern Himself with everyone indiscriminately; rather, He shows special concern for the Saleh (righteous and upright). Cultivate mutual affection and love among each other, and abandon cruelty and mockery.

The Promised Messiah (as) stated that a tree which bears no fruit is uprooted and discarded by the gardener. Therefore, if we have entered into Bai'at, we must fulfil its conditions so that no opposition may cause us harm. We should establish a firm relationship with Allah the Almighty, so that He Himself may care for us,

and no one may be able to cause us any injury.

The Promised Messiah (as) advised us to live as brothers and exist as one united people. This should be the distinguishing feature of the Jama'at, and indeed one of its defining signs. Remove hostility from among ourselves and occupy ourselves with great and noble works. People will oppose us, but respond to them with gentleness and never allow passion to govern our actions. This is his exhortation; remember it as a solemn testament. The Promised Messiah (as) stated that he repeatedly received the revelation that if we become righteous and tread the subtle paths of (Taqwa), God will surely be with us. The Promised Messiah (as) further stated that he is also concerned with identifying truly righteous individuals within his Jama'at and entrusting certain religious responsibilities to them. Therefore, each one of us should strive to be counted among such people and be prepared to serve in the propagation of faith. By the grace of Allah, a special group of Waqifeen-e-Nau is also being prepared, and they must keep these admonitions of the Promised Messiah (as) firmly in mind. Every individual should strive to walk the path of (Taqwa) and become an heir to the prayers of the Promised Messiah (as). The Promised Messiah (as) offered prayers for his followers that they may attain the pleasure of Allah the Almighty and become seekers of His mercy. If we desire to become heirs to the prayers of the Promised Messiah (as) – particularly those prayers he offered for participants of the Jalsa – then we must keep the conditions of Bai'at constantly before us.

Huzoor (aa) also drew attention to the importance of displaying the Conditions of Bai'at in a framed form as a continual reminder. If we wish for the counsel and prayers of the Promised Messiah (as) to be fully realised in our own lives, we must act upon his teachings and faithfully fulfil the conditions of Bai'at that we have pledged with him.

(Summary prepared by Al Hakam)

Miracle in Tokyo

A Tribute to the Japanese Nation

(Dr. Mohamed Sadiq Boodhun, Newfoundland and Labrador)

Since childhood I have been familiar with names like Honda, Toyota, Mazda, Kawasaki, Mitsubishi, Ajinomoto, Hitachi, Fuji and so on and so forth. As I grew up, I realized that all these products were manufactured in Japan.

The names of Hiroshima and Nagasaki are no stranger to anyone, especially because of the looming third world war. I had a great desire to visit one of these two sites because of the history of the 2 infamous atomic bombs.

I always had a desire to visit Japan and see for myself what I heard from visitors about that far eastern country, the land of the rising sun.

When I planned my trip to Japan, I chose the time of the Annual Convention of the Ahmadiyya Muslim Community so that I would get to experience a bit of the spiritual and a bit of the material world!

My wife accompanied me on that trip along with my brother and sister-in-law (Mr. and Mrs. Naseer Siddique) from Silicon Valley California.

It was a 12-hour flight from Toronto Pearson and a 10-hour flight from Los Angeles. Our planes touched down at the Tokyo Haneda Airport 10 minutes apart from each other.

Tokyo was impressive. The buildings were tall and beautiful. The people were polite. Everyone was decently dressed. The Uber and Taxi drivers wore suits and ties. The streets were clean. The hotel rooms were quite small though and the breakfasts not to our Asian tastes.

All the people were very well dressed, busy looking at their phones, quiet and helpful when requested. We did not see any beggar around.

When I interacted with the people in Japan, I am left with a feeling that they have suffered a lot in the past. They also left me with the impression that they value space and every little item. There appears to be no wastage of food around.

We planned our trip in a way that we had the chance to visit Tokyo, Hiroshima, Miyajima Island, Nagoya, Kyoto and Osaka.

In Tokyo we visited the Meiji Jingu Shrine mainly because the 5th



Genbaku Dome known as the Atomic Bomb Dome



Torii Gate, Miyajima Island

Caliph of the Ahmadiyya Muslim Community visited that place during his trip to Japan. It is a beautiful wooded area within the city of Tokyo.

We also spent a few hours strolling in the imperial garden. That same evening we had dinner in Koshigaya, Saitama, an area north of Tokyo, hospitality of Mr. Zahid Mubashir and family.

We were impressed by the town of Hiroshima. The train station was modern. The buildings were beautiful. The town looked busy and bustling. Buses, trains, electric cable cars all around. The hotel rooms were more spacious than those in Tokyo. We enjoyed the ferry ride to the nearby Miyajima Island. The main attraction in Hiroshima was the Peace Museum and Genbaku Dome, also known as the Atomic Bomb Dome. We visited the peace museum. It left quite a sad impression on all of us.

From Hiroshima, we took the Shinkansen train to Nagoya where we were received by Mr. Talat from the hospitality department of the

Ahmadiyya Muslim Community, Japan.

Baitul Ahad Mosque is about a 30 minutes' drive from the Nagoya train station, in the town of Tsuchima. We were received at the Mosque by the national President of the Ahmadiyya Muslim Community Japan, Imam Nadeem Anees Sahib. He made sleeping arrangements for me and my wife at the Mosque. We made a lot of new friends during the annual convention, including Maulana (Maulana is his first name, he is not an Imam) Abdus Salam of Tokyo. Maulana proved to be very helpful to us when we returned to Tokyo.

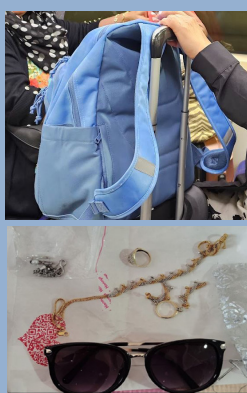
The Blue Backpack

My wife and I returned to Tokyo on May 6, 2026 from Kyoto. From the train station we started to walk to our KOKO Hotel in the Ginza district. Halfway through I suddenly realized that we did not have my wife's blue backpack with us. I ran back to the station and could not find the backpack anywhere among the tens of thousands of people walking around.

Jalsa Salana Japan 2026



The blue backpack Maulana, Mohamed Sadiq and Yahya



In the backpack were my wife's cell phone, credit card, driver's license, medical care plan card, reading glasses, sunglasses, diamond wedding ring and other jewellery. It was quite depressing. We were able to put a hold on the credit card. That same evening, we went back to the Tokyo station's loss and found offices. They checked and told us that there was no blue backpack upon review on their computers.

The next morning my wife and I walked back to the train station and went to the lost and found offices, hoping that overnight some good samaritan would have found our bag and handed it over to the proper authority. They checked their computers again and told us that there was no blue backpack reported lost anywhere in Tokyo. We went to the Police station and I filed a deposition under my name. We were given a reference number. That same afternoon we left Tokyo for Toronto without the backpack.

On May 18th, 2026, I called Maulana Abdus Salam, my new friend in Tokyo whom I met at the annual convention in Nagoya. He is my only contact in the Tokyo metropolis, which has a population of 14.2 million people. I requested him to go back to the Tokyo station to inquire about our blue backpack in the lost and found department. They did not have our bag.

Maulana then went to the police office within the Tokyo train station where I had filed a deposition. The police at the Tokyo station told him that they did not have our bag and suggested that he check for it at the main Chuo Police station.

Maulana took a train to the main Chuo Police station. Lo and behold! There was a blue backpack over there. However, the Police told Maulana that the name in the deposition does not match the name of the backpack owner!

The Police asked Maulana if he knew someone by the name of Yasmin! Maulana told me that there was a blue backpack under the name of Yasmin! And he wondered who "Yasmin" was I told Maulana that Yasmin is my wife and that

this was her backpack!

The mistake I made is that when I filed the deposition, I gave my name to the police instead of Yasmin's name. Anyway, the police at the Chuo Station understood that. Now, for the police to release the bag, Yasmin had to write a letter of authorization, attaching her passport ID and the ID of Maulana Abdus Salam.

It was noon time in Tokyo and midnight the previous day in Newfoundland. We were in constant touch with Maulana. Yasmin immediately wrote the letter of authorization, signed it and sent it by WhatsApp to Maulana.

This is when the Tokyo police handed over the blue backpack to Maulana with all the items (phone, credit card, driver's license, medical card, reading glasses, sunglasses, diamond ring, silver necklace, golden necklace etc.) still intact. The police told Maulana that they threw away some perishable food items that were in the backpack.

The Police told Maulana that as per the rule they would have kept the backpack until May 25th. After that we would not have been able to claim it.

To us this is not just a mere coincidence but a miracle that unfolded in front of our eyes. We prayed and never gave up hope. We were in Japan and were already impressed with the level of honesty and integrity of its people. God turned our fear into peace and security. This incident cemented our conviction that the Japanese people are indeed a model nation for the rest of the world.

The last leg of the drama is now for us to get possession of the blue backpack with all its contents. As God has willed it, a very good friend of ours from our town of Grand Falls-Windsor will be visiting Japan in the first week of June and has volunteered to bring the backpack to Grand Falls-Windsor, NL.

Long Live Japan!

All praise belongs to God, Lord of the Universe.

Colon Cancer (Colorectal Cancer) A Comprehensive Overview

(Syed Mansoor Ahmed with coordination of Dr. Tahir Ahmed Ottawa West)

What is Colon Cancer?

Colon cancer, also known as colorectal cancer, is a type of cancer that develops in the colon or rectum, which are parts of the large intestine. It usually begins as small, non-cancerous growths called polyps, which can gradually become cancerous over time. Common symptoms may include:

- Blood in stool
- Changes in bowel habits (diarrhea or constipation)
- Abdominal discomfort
- Unexplained weight loss
- Fatigue

Causes of Colon Cancer

Colon cancer does not have a single cause. It develops due to a combination of genetic, lifestyle, and environmental factors.

Major Causes and Risk Factors

According to the Canadian Cancer Society:

- Genetic conditions (e.g., Lynch syndrome, familial adenomatous polyposis)
- Family history of colon cancer or polyps

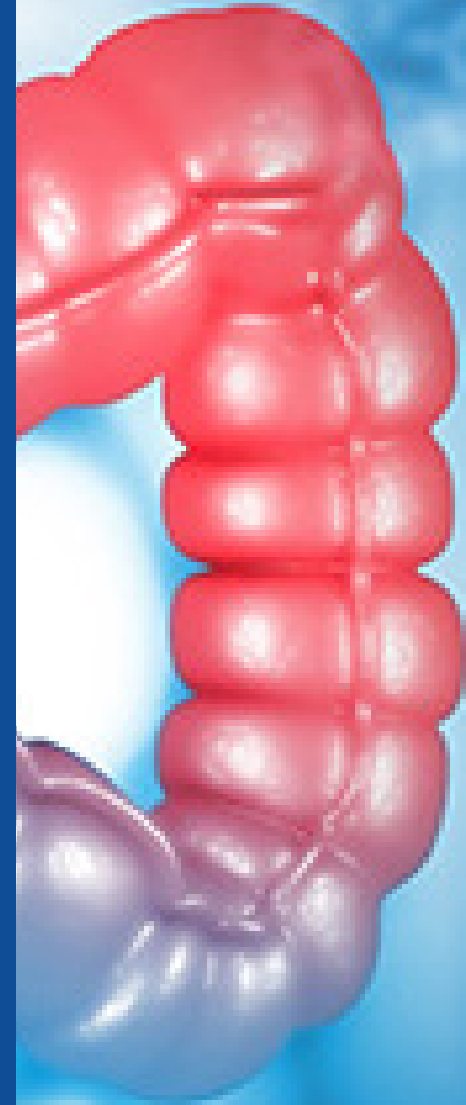
- Diet high in red & processed meat
- Low-fibre diet
- Obesity and overweight
- Lack of physical activity
- Smoking and alcohol use
- Type 2 diabetes
- Inflammatory bowel disease (Crohn's disease, ulcerative colitis)
- Lifestyle plays a major role, making colon cancer partly preventable.

Which Age Group is Most Affected?

- Most cases occur in people over age 50 (about 93% of cases).
- However, recent data shows a rise in younger adults (40–49 years).
- Overall, cancer risk increases with age, with most cancers diagnosed after 50. This is why screening is often recommended starting at age 45–50.

How to Avoid (Prevent) Colon Cancer

While not all cases can be prevented, many can be reduced through healthy lifestyle choices.



Prevention Tips

- Eat a high-fibre diet (fruits, vegetables, whole grains)
- Limit red and processed meats
- Stay physically active
- Maintain a healthy weight
- Avoid smoking and excessive alcohol
- Get regular screening tests (like stool tests or colonoscopy).

Screening is especially powerful because it can detect and remove precancerous polyps, preventing cancer entirely.

Why is Colon Cancer More Common in Men than in Women?

Colon cancer affects both men and women worldwide; however, it is generally more common in men than in women (with a few exceptions in certain regions).

Key Reasons

Higher lifetime risk:

Men have a slightly higher lifetime risk of developing colorectal cancer compared to women globally.

Lifestyle factors more common in men:

- Higher rates of alcohol consumption
- Greater intake of red and processed meat
- Higher rates of smoking

Biological differences

Hormonal and metabolic differences may provide some protective effects in women

Screening behavior

Men are often less likely to participate in routine screening programs

These combined factors contribute to the higher incidence of colorectal cancer in men worldwide.

Conclusion

Colon cancer is one of the most common and serious cancers, but it is also highly preventable and treatable when detected early.

Key takeaways:

- It often develops slowly from polyps
- Lifestyle plays a major role in risk
- Most cases occur after age 50, but younger cases are rising
- Men are at higher risk than women globally
- Early screening can save lives

Stool-based screening tests for colon cancer are highly effective in detecting early-stage disease. These tests can identify hidden blood or abnormal DNA changes in the stool, often before any symptoms appear. Importantly, they may also detect polyps—small growths in the colon—which, if left untreated, can develop into cancer over time.

Because early detection greatly improves treatment outcomes and survival rates, it is strongly recommended that every individual undergo routine screening as advised by their healthcare provider. Taking this simple step can make a significant difference in preventing colon cancer or catching it at a highly treatable stage.

References

- *Canadian Cancer Society – Colorectal cancer statistics & risks*
- *Government of Canada – Colorectal cancer overview*
- *Statistics Canada – Cancer trends and age distribution*
- *Canadian Cancer Society – Risk factors*
- *Public Health Agency of Canada – Age and prevalence data*
- *Canadian Cancer Society (2026 release) – Survival rates and screening importance*

Reports of Majalis Activities & Programs

1. Monthly Ijlas-e-Aam: Peace Village South East & Peace Village South West

On Saturday, April 18, 2026, following the Maghreb and Isha prayers, monthly Ijlas-e-Aam was held jointly by the two Jamat Halqas and the two Majalis Ansarullah of Peace Village South East (PVSE) and Peace Village South West (PVSU). Ijlas-e-Aam commenced at 8:20pm and was structured across three specialized sessions.

The first session focused entirely on guidance for parents. During this segment, two Khuddam delivered presentations addressing youth drug awareness and contemporary social issues. They provided valuable guidelines to help parents safeguard their children in today's society. The second session transitioned into organizational business, where the Muntazim Umumi read out the National Shura proposal items, leading to a productive discussion among all attendees.

The core session commenced at 9:00 p.m. under the chairmanship of respected Shahid Mansoor Sahib, Sadr Majlis Ansarullah Canada. Sadr Sahib led the congregation in the Ansar Pledge in both English and Urdu, followed by opening remarks that emphasized the vital roles and responsibilities of Ansarullah members.

As per the agenda, two key presentations were delivered by the respective Halqas:

Financial Sacrifice: Fazal A. Shahid Sahib from PVSE delivered an inspiring address highlighting the principles and immense blessings of financial sacrifice, the meaning and purpose of Ansarullah, and the prescribed sacrifice rates.

Regular Exercise—A Key for Longevity: Mansoor Ahmad Malik Sahib from PVSU spoke on physical well-being. He supported his talk with verse 248 of Chapter 2 from the Holy Qur'an, a Hadith of the Holy Prophet (peace and blessings of Allah be upon him), and a quotation from the Friday Sermon of July 22, 2016, delivered by Huzoor e Anwar (aa). He detailed the impact of physical inactivity, the health benefits of maintaining 150 minutes of weekly activity, and explained how the 5BX exercise plan works to keep members



healthy as they age.

The meeting concluded at 10:45 pm after a brief question-and-answer session where Sadr Sahib thanked all the members for their dedicated attendance during the lengthy program.

2. Local Ijtima and Shura Elections: Majlis Orangeville

By the immense grace of Allah, Majlis Ansarullah Orangeville successfully conducted its Local Ijtima on Saturday, May 2, 2026. The Majlis was also able to successfully facilitate its Shura Delegate Elections on the very same day. Under the supervision of Syed Ahmad, Zaeem Majlis Orangeville, the event saw enthusiastic participation from both Saf-e-Awwal and Saf-e-Duwum members, serving as a powerful source of spiritual upliftment for everyone involved.

Annual Ijtima: Majlis Spring Valley

The Annual Ijtima of Majlis Ansarullah Spring Valley, belonging to the Brampton West Region, took place on Sunday, May 3, 2026, from 2:00 p.m. to 7:00 p.m. The event was formally inaugurated by respected Shahid Mansoor Sahib, National Sadr Majlis Ansarullah Canada.

In his inaugural address, Sadr Sahib heavily emphasized the crucial need to strengthen and strictly follow the Sa'iq system, reminding all Sa'iqeen to fulfill their duties with the utmost honour and dignity. Following the address, a series of educational and sports competitions was held, drawing a passionate turnout of 26 out of the 40 local members. The event concluded beautifully at 7:00 p.m. with a prize distribution ceremony recognizing the position holders.

Quran and Tabligh Stall Exhibition: Peace Village South East

On Sunday, May 24, 2026, Majlis Ansarullah PVSE successfully organized a public Qur'an and Tabligh Stall Exhibition at the Vellore Village Community Centre in Woodbridge, Ontario.

The foundational work began the evening before, on Saturday, May 23, when four dedicated Ansar distributed 200 invitation flyers and 200 posters door-to-door in the surrounding neighbourhood. On Sunday morning at 10:00 a.m., five boxes of Holy Qur'an copies, literature, and banners were picked up from the Tabligh department and loaded by a team of four Ansar brothers. By 1:30 p.m., a group of seven Ansar arrived at Activity Room #4 of the community centre to set up the beautiful displays, featuring prominent message boards such as "The Messiah has come," "Explore Islam", and "Love for all hatred for none."

The exhibition ran actively from 2:00 p.m. to 6:00 p.m. The attractive setup caught the eye of regular community center visitors, successfully exposing approximately 500 passers-by to the peaceful message of Islam. A total of twelve members attended to run the stall—including respected Murabbi Asef Siyal Sahib and two students from Jamia Ahmadiyya—welcoming three local guests who walked in for extended conversations. In one notable instance, a young local man entered enthusiastically and engaged in a highly fruitful question-and-answer session with Murabbi Sahib. The event wrapped up smoothly as the team packed up, cleaned the activity room by 6:05 p.m., and returned the literature safely to the Mission House Tabligh booth by 6:15 p.m.

Waqar-e-Amal Peace Village South East

Demonstrating an exceptional spirit of volunteerism, Majlis Ansarullah PVSE successfully carried out a consecutive three-day Waqar-e-Amal and beautification project for the National Ansar offices and Sara-e-Masroor from May 7 to May 9, 2026.

The initiative commenced on Thursday, May 7, when a team of three volunteers joined the Zaeem Sahib to purchase flowers and soil from the garden centre on Major Mackenzie Drive. They returned to the Ansar office and worked diligently until 9:30 p.m.—digging, softening, levelling, and planting a beautiful front garden. On Friday, May 8, a second team

of four volunteers continued the hard work by watering the newly planted flowers and landscaping the remaining sections of the yard.

The final day of the project took place on Saturday, May 9, from 3:30 p.m. to 8:30 p.m., shifting focus to Sara-e-Masroor located at 192 Ahmadiyya Avenue in Maple. Armed with fresh materials and plants purchased from Home Depot, a team of four volunteers cleared, levelled, and completely transformed the front yard into a beautiful, welcoming garden environment.

Waterloo Book Festival 2026

On Saturday, May 30, 2026, a highly successful Book Stall was established at the Waterloo Book Festival, hosted in the Waterloo Public Square.

Organized by the Ahmadiyya Muslim Jama'at Kitchener under the leadership of Muntazim Tabligh Nabeel Rana Sahib, the outreach initiative was strongly bolstered by volunteers from the Cambridge Majlis, including Zaeem Sahib Muhammad Majid Javed and Dr. Ahmad Imran Sahib, Sadr Majlis Cambridge.

The public book festival provided a marvellous platform for the volunteers to interact directly with diverse visitors, introduce the true, peaceful teachings of Islam, and distribute a wide variety of Islamic literature. The regional team extends their heartfelt gratitude to all the volunteers who selflessly dedicated their time to make this external Tabligh event an outstanding success.

Ijlas e Aam PVSE & PVSU On Saturday April 18, 2026.



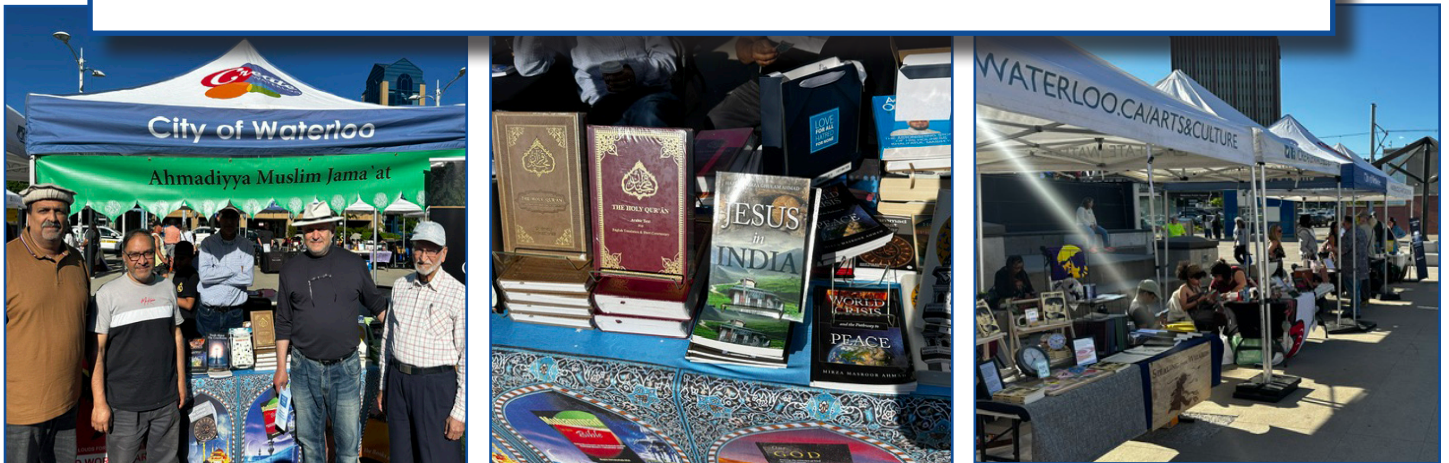
Annual Ijtimā Majlis Spring Valley 2026



Report of Qur'an & Tabligh Stall Exhibition on Sunday May 24. 2026



Waterloo Bookfest 2026



Waqare Amal on May 07, 08, 09, 2026



Ijtima Majlis Ansarullah Orangeville 2026

